

# FULLERTON WELLNESS CENTER

## CLASS SCHEDULE

FEBRUARY 2012

### MONDAY

CLOSED

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

CLOSED

**1**  
4 pm Beg/Int Pilates  
6 pm Core Dynamics

**2**  
10 am Beg Pilates  
4 pm Int Yoga  
5 pm Student-Athlete Training  
6 pm Core Fundamentals  
7pm Zumba

**3**

**4**  
8 a m Boot Camp  
9 am Beg/Int Pilates

**6**

**7**  
9 am Int Yoga  
10 am Core Fundamentals  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**8**  
4 pm Beg/Int Pilates  
6 pm Core Dynamics

**9**  
10 am Beg Pilates  
4 pm Int Yoga  
5 pm Student-Athlete Training  
6 pm Core Fundamentals  
7pm Zumba

**10**

**11**  
8 a m Boot Camp  
9 am Beg/Int Pilates

**13**  
10 am Beg/Int Pilates

**14**  
9 am Beg/Int Yoga  
10 am Core Fundamentals  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**15**  
7 am Boot Camp  
10 am Int Pilates  
4 pm Beg Pilates  
5 pm Beg Yoga  
6 pm Core Dynamics  
7 pm Zumba

**16**  
10 am Beg Pilates  
4 pm Int Yoga  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**17**  
10 am Core Fundamentals  
4 pm Int Pilates

**18**  
8 am Boot Camp  
9 am Beg/Int Pilates  
10 am Beg/Int Yoga

**20**  
7 am Boot Camp  
10 am Beg Pilates  
4 pm Int Pilates  
5 pm Beg Yoga  
6 pm Core Dynamics

**21**  
9 am Int Yoga  
10 am Core Fundamentals  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**22**  
7 am Boot Camp  
10 am Int Pilates  
4 pm Beg Pilates  
5 pm Beg Yoga  
6 pm Core Dynamics  
7 pm Zumba

**23**  
10 am Beg Pilates  
4 pm Int Yoga  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**24**  
10 am Core Fundamentals  
4 pm Int Pilates

**25**  
8 am Boot Camp  
9 am Beg/Int Pilates  
10 am Beg/Int Yoga

**27**  
7 am Boot Camp  
10 am Beg Pilates  
4 pm Int Pilates  
5 pm Beg Yoga  
6 pm Core Dynamics

**28**  
9 am Int Yoga  
10 am Core Fundamentals  
5 pm Student-Athlete Training  
6 pm Boot Camp  
7pm Zumba

**29**  
7 am Boot Camp  
10 am Int Pilates  
4 pm Beg Pilates  
5 pm Beg Yoga  
6 pm Core Dynamics  
7 pm Zumba



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